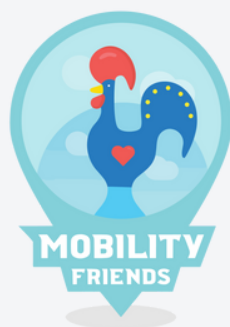


SUSTAINABILITY

SUSTAINABLE TEACHING AND SCHOOL MANAGEMENT



Your Mobility Partner

COURSE OVERVIEW

This course offers a hands-on approach to integrating sustainability into teaching practices and school management. Participants will explore practical strategies to embed environmental education, social responsibility, and sustainable development goals within their classrooms and school communities. Through reflective activities, collaborative discussions, and real-world case studies, educators and school leaders will develop the skills needed to create and lead sustainable schools. The course emphasizes adaptable solutions tailored to diverse educational contexts, empowering participants to foster a culture of sustainability that benefits students, staff, and the wider community.

TARGET AUDIENCE

This course is designed for teachers, educators, school leaders, and education professionals who wish to integrate sustainable practices into teaching and school management. It is suitable for those aiming to foster environmental awareness, social responsibility, and sustainable development principles within educational settings.

REQUIREMENTS

To take part in the course, participants must meet the following requirements:

- Have at least a B1 level of English (independent user);
- Complete and submit the registration form before the start of the training;
- Bring a laptop or tablet to use during the sessions;
- Commit to active participation and attend at least 80% of the course.

COURSE OBJECTIVES

The objectives of the course are:

- Understand the core principles of sustainability in education and school management.
- Develop and implement sustainable teaching practices that engage students in environmental and social issues.
- Apply strategies for managing schools in an environmentally responsible and resource-efficient manner.
- Foster a culture of sustainability within the school community, including staff, students, and parents.
- Integrate the United Nations Sustainable Development Goals (SDGs) into school policies and curricula.
- Use reflective practices to evaluate and improve sustainability initiatives.
- Collaborate effectively with stakeholders to promote sustainable change.

CONTACTS AND REGISTRATION

For registrations, additional information, or budget requests, please contact our team by email at trainingcourses@mobilityfriends.org or visit our website at www.mobilityfriends.org.

LEARNING OUTCOMES

Upon successful completion of this course, learners will be able to:

- 1.Explain key concepts of sustainability relevant to education and school management.
- 2.Design lesson plans and activities that incorporate sustainability themes.
- 3.Implement resource-efficient practices in school operations and facilities.
- 4.Lead initiatives that promote environmental awareness and social responsibility.
- 5.Evaluate the effectiveness of sustainability programs using reflective and data-driven methods.
- 6.Engage students, staff, and the wider community in sustainability efforts.
- 7.Align school management practices with the UN Sustainable Development Goals.

METHODOLOGY

The course is structured around a rigorous methodology that combines theoretical exposition, practical work, and applied demonstrations. This approach ensures a thorough understanding of the subject matter and its direct application in real-world contexts.

Theoretical sessions provide essential foundations, while practical work and demonstrations facilitate the development of technical skills and familiarity with the specific tools and procedures relevant to the course.

Continuous monitoring through individualized feedback allows for tracking learners' progress and ensures the achievement of the set objectives, preparing participants to face professional challenges with competence and precision.

ASSESSMENT

Assessment is carried out continuously throughout the course, using a holistic and learner-centered approach that reflects both participation and performance. Each participant is evaluated based on their overall engagement, regular attendance, punctuality, interest in the topics covered, ability to apply knowledge during practical tasks, and interaction with peers in individual and group activities.

The evaluation process includes a variety of classroom-based tasks (oral and written), short daily assignments, role-plays, and simulations. Trainers provide ongoing, individualized feedback to support progress and encourage active learning.

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent involvement and commitment during the training.

DURATION

The standard duration of our course is 20 hours (5 days), designed to ensure comprehensive and effective learning. However, this duration can be adjusted, in specific cases, to meet the particular needs of each group, in order to optimize outcomes and better suit the training context.

For further details or to discuss a customized schedule, please get in touch with us.

PRICE AND FUNDING

Each quotation is personalized and depends on several factors, such as the number of participants, the number of training hours, the location of the course, and any additional services requested (accommodation, transport, meals, cultural activities, etc.).

To receive a tailored quotation for your group, please get in touch with us.

The training can be funded through programs such as Erasmus+ (KA1 – Learning Mobility), among other European support mechanisms. For more information about funding, participants should contact their sending organization or their country's National Agency directly.

LOCATION AND COURSE LANGUAGE

We have training rooms in several cities in Mainland Portugal, such as Barcelos (headquarters), Braga, Póvoa de Varzim, and Porto. We also have spaces in the islands of Madeira (Funchal) and the Azores (Ponta Delgada). Additionally, we have facilities in Valencia, Spain.

The course is delivered in English.

CERTIFICATION

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent engagement and commitment throughout the training. Upon completion of the course, a formal certification ceremony will take place, during which the certificates will be presented to the participants.

OTHER SERVICES

To enrich the training experience, Mobility Friends offers a range of additional services, subject to availability and additional cost, which can be arranged for individual participants or groups.

Services include:

- Accommodation in partner residences or hotels
- Meals (lunch and/or dinner)
- Transfers between the accommodation and the training room
- Airport transfers
- Cultural visits

All services are subject to availability and must be requested in advance. For more information and personalised quotes, please contact our team.

COURSE CONTENTS

MODULE 1: ADVANCED FOUNDATIONS OF SUSTAINABILITY IN EDUCATION

- In-depth exploration of environmental, social, and economic dimensions of sustainability.
- Critical analysis of education's transformative role in sustainable development.
- Detailed study of the UN Sustainable Development Goals (SDGs) and their school relevance.
- Case studies of successful sustainable education initiatives locally and globally.
- Ethical reflection on leadership and responsibility in sustainability education.

MODULE 2: TRANSFORMATIVE PEDAGOGICAL PRACTICES FOR SUSTAINABILITY

- Innovative methodologies for interdisciplinary sustainability education.
- Active, critical, and project-based learning linked to real-world and community issues.
- Formative and summative assessment of sustainability competencies.
- Inclusion, equity, and diversity in sustainable teaching practices.

MODULE 3: LEADERSHIP AND MOBILIZATION FOR SUSTAINABLE SCHOOL CULTURE

- Advanced leadership models for systemic and cultural change.
- Strategies to engage the entire school community: students, staff, families, and partners.
- Developing communication and advocacy skills for sustainability.
- Creating and sustaining sustainability networks, groups, and campaigns.

*Please note that program content may be subject to change based on input from our trainers.

COURSE CONTENTS

MODULE 4: STRATEGIC AND INNOVATIVE RESOURCE MANAGEMENT

- Planning and implementing energy and water efficiency measures.
- Waste management and promotion of circular economy principles in schools.
- Sustainable procurement policies and ethical supply chains.
- Initiatives to promote biodiversity and green educational spaces.

MODULE 5: POLICY DEVELOPMENT, EVALUATION, AND MONITORING

- Formulating school sustainability policies with democratic participation.
- Continuous evaluation systems and tools to monitor progress.
- Financial management and resource mobilization for sustainability projects.
- Transparency, accountability, and reporting of sustainability outcomes.

MODULE 6: SOCIOECONOMIC AND CULTURAL INCLUSION IN SUSTAINABILITY

- Understanding social and cultural dimensions of sustainability.
- Strategies to promote inclusion and equity in sustainable practices.
- Intercultural approaches and broad community participation.

MODULE 7: EMERGING TECHNOLOGIES AND INNOVATION IN SUSTAINABLE EDUCATION

- Application of Artificial Intelligence, Big Data, and other technologies in education and management.
- Digital tools for teaching, collaboration, and environmental awareness.
- Maker spaces, citizen science, and inquiry-based learning.
- Assessing environmental and ethical impacts of educational technologies.

**Please note that program content may be subject to change based on input from our trainers.*

COURSE CONTENTS

MODULE 8: COMMUNICATION, ADVOCACY, AND CHANGE AGENT DEVELOPMENT

- Advanced techniques for communicating sustainability initiatives and results.
- Engaging diverse audiences and building effective narratives.
- Training student leaders and educators as sustainability multipliers.
- Strategies for local, regional, and global advocacy.

MODULE 9: FINAL PROJECT - COMPREHENSIVE SCHOOL SUSTAINABILITY STRATEGIC PLAN

- Detailed diagnosis of the current sustainability status of the school.
- Development of a realistic, multidimensional strategic sustainability plan.
- Setting SMART goals, key performance indicators, and evaluation frameworks.
- Preparing professional presentations for stakeholders and implementation processes.
- Planning for ongoing monitoring and continuous improvement.

MOBILITY FRIENDS TRAINING CENTER



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for Employment and Labor Relations

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