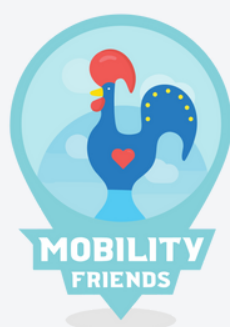


**EDUCATION, TRAINING AND  
PROFESSIONAL DEVELOPMENT**

**Active Methodologies and Innovative Strategies**

# PROJECT-BASED LEARNING IN PRACTICE



*Your Mobility Partner*

## **COURSE OVERVIEW**

The Project-Based Learning in Practice course provides a practical and applied introduction to the Project-Based Learning (PBL) methodology. Throughout the training, participants will explore the core principles of PBL, learn how to design, implement and assess educational projects, and understand how this approach can enhance student motivation, autonomy and the development of essential skills. The course combines theoretical input with hands-on activities, case studies and collaborative work, enabling participants to experiment with strategies and tools that can be adapted to different educational contexts. By the end of the course, participants will be prepared to apply PBL in a structured and effective way in their classrooms, creating meaningful learning experiences aligned with 21st-century educational challenges.

## **TARGET AUDIENCE**

This course is aimed at teachers, trainers and educators from different educational levels who wish to integrate Project-Based Learning (PBL) into their teaching practice. It is designed for professionals seeking innovative, student-centred methods that promote active learning, collaboration and real-world application of knowledge. The course is suitable for educators interested in developing interdisciplinary projects and fostering skills such as critical thinking, creativity and problem-solving.

## **REQUIREMENTS**

To take part in the course, participants must meet the following requirements:

- Have at least a B1 level of English (independent user);
- Complete and submit the registration form before the start of the training;
- Bring a laptop or tablet to use during the sessions;
- Commit to active participation and attend at least 80% of the course.

## **COURSE OBJECTIVES**

The objectives of the course are:

- To provide participants with a solid understanding of the principles and foundations of Project-Based Learning (PBL).
- To equip educators with the skills to plan, develop and implement educational projects aligned with learning objectives.
- To promote the use of strategies that foster student motivation, autonomy, collaboration and critical thinking.
- To present assessment methods suitable for project-based learning, including both formative and summative approaches.
- To explore tools and resources that support the effective integration of PBL in different educational contexts and levels.

## **CONTACTS AND REGISTRATION**

For registrations, additional information, or budget requests, please contact our team by email at [trainingcourses@mobilityfriends.org](mailto:trainingcourses@mobilityfriends.org) or visit our website at [www.mobilityfriends.org](http://www.mobilityfriends.org).

## LEARNING OUTCOMES

Upon successful completion of the course, participants will be able to:

- 1.Explain the key principles and benefits of Project-Based Learning as an active teaching methodology.
- 2.Design and plan educational projects that integrate curriculum goals and real-world applications.
- 3.Facilitate collaborative, student-centred learning experiences that promote critical thinking, creativity and problem-solving.
- 4.Apply appropriate formative and summative assessment strategies within project-based learning contexts.
- 5.Use digital tools and practical resources to manage, implement and evaluate projects effectively in the classroom.
- 6.Adapt PBL strategies to different subjects, student needs and educational levels.
- 7.Reflect on their teaching practice and identify ways to integrate PBL as part of an innovative and inclusive learning environment.

## METHODOLOGY

The course is structured around a rigorous methodology that combines theoretical exposition, practical work, and applied demonstrations. This approach ensures a thorough understanding of the subject matter and its direct application in real-world contexts.

Theoretical sessions provide essential foundations, while practical work and demonstrations facilitate the development of technical skills and familiarity with the specific tools and procedures relevant to the course.

Continuous monitoring through individualized feedback allows for tracking learners' progress and ensures the achievement of the set objectives, preparing participants to face professional challenges with competence and precision.

## ASSESSMENT

Assessment is carried out continuously throughout the course, using a holistic and learner-centered approach that reflects both participation and performance. Each participant is evaluated based on their overall engagement, regular attendance, punctuality, interest in the topics covered, ability to apply knowledge during practical tasks, and interaction with peers in individual and group activities.

The evaluation process includes a variety of classroom-based tasks (oral and written), short daily assignments, role-plays, and simulations. Trainers provide ongoing, individualized feedback to support progress and encourage active learning.

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent involvement and commitment during the training.

## DURATION

The standard duration of our course is 20 hours (5 days), designed to ensure comprehensive and effective learning. However, this duration can be adjusted, in specific cases, to meet the particular needs of each group, in order to optimize outcomes and better suit the training context.

For further details or to discuss a customized schedule, please get in touch with us.

## PRICE AND FUNDING

Each quotation is personalized and depends on several factors, such as the number of participants, the number of training hours, the location of the course, and any additional services requested (accommodation, transport, meals, cultural activities, etc.).

To receive a tailored quotation for your group, please get in touch with us.

The training can be funded through programs such as Erasmus+ (KA1 – Learning Mobility), among other European support mechanisms. For more information about funding, participants should contact their sending organization or their country's National Agency directly.

## LOCATION AND COURSE LANGUAGE

We have training rooms in several cities in Mainland Portugal, such as Barcelos (headquarters), Braga, Póvoa de Varzim, and Porto. We also have spaces in the islands of Madeira (Funchal) and the Azores (Ponta Delgada). Additionally, we have facilities in Valencia, Spain.

The course is delivered in English.

## CERTIFICATION

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent engagement and commitment throughout the training. Upon completion of the course, a formal certification ceremony will take place, during which the certificates will be presented to the participants.

## OTHER SERVICES

To enrich the training experience, Mobility Friends offers a range of additional services, subject to availability and additional cost, which can be arranged for individual participants or groups.

Services include:

- Accommodation in partner residences or hotels
- Meals (lunch and/or dinner)
- Transfers between the accommodation and the training room
- Airport transfers
- Cultural visits

All services are subject to availability and must be requested in advance. For more information and personalised quotes, please contact our team.

# **COURSE CONTENTS**

## **MODULE 1: INTRODUCTION TO PROJECT-BASED LEARNING**

- What is PBL? Principles, benefits and key components.
- Differences between PBL and traditional teaching methods.
- Examples of successful PBL practices in different educational contexts.
- The role of the teacher as a facilitator of learning.

## **MODULE 2: DESIGNING EFFECTIVE PROJECTS**

- Steps to plan a PBL unit: from idea to implementation.
- Defining learning goals and essential questions.
- Aligning projects with curriculum requirements and competences.
- Project timelines, milestones and deliverables.

## **MODULE 3: IMPLEMENTATION STRATEGIES**

- Creating a collaborative and student-centred learning environment.
- Scaffolding techniques to guide students throughout the project.
- Classroom management in PBL contexts.
- Integrating cross-curricular and real-world connections.

## **MODULE 4: ASSESSMENT IN PBL**

- Types of assessment: formative, summative and peer/self-assessment.
- Designing rubrics and criteria for project evaluation.
- Providing constructive feedback and promoting reflection.
- Documenting and showcasing student learning outcomes.

## **MODULE 5: DIGITAL TOOLS AND RESOURCES FOR PBL**

- Tools for project planning and management (e.g., Trello, Padlet, Miro).
- Tools for collaboration and communication (e.g., Google Workspace, Microsoft Teams).
- Digital platforms for creating and presenting student work.
- Strategies for blended and online PBL environments.

*\*Please note that program content may be subject to change based on input from our trainers.*

# **COURSE CONTENTS**

## **MODULE 6: PBL IN DIFFERENT CONTEXTS AND SUBJECTS**

- Adapting PBL to different educational levels and student profiles.
- Interdisciplinary projects and real-world applications.
- Strategies for inclusive and differentiated instruction in PBL.
- Overcoming common challenges in implementing PBL.

## **MODULE 7: PRACTICAL WORKSHOP - DESIGNING YOUR OWN PBL PROJECT**

- Collaborative group work to design a PBL unit.
- Defining goals, activities, assessment methods and tools.
- Peer feedback and improvement of project plans.
- Presentation and discussion of designed projects.

## **MODULE 8: REFLECTION AND NEXT STEPS**

- Identifying opportunities for implementing PBL in participants' own schools.
- Sharing experiences and building a network of PBL practitioners.
- Action plan for integrating PBL into future teaching practice.
- Final reflections and course wrap-up.

# MOBILITY FRIENDS TRAINING CENTER



Certified by DGERT - Directorate General  
for Employment and Labor Relations

[www.mobilityfriends.org](http://www.mobilityfriends.org)



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