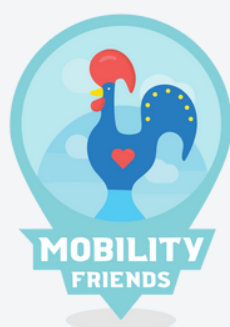


**EDUCATION, TRAINING AND
PROFESSIONAL DEVELOPMENT**

Educators Key Competences

PRACTICAL LEADERSHIP AND COACHING IN EDUCATION



Your Mobility Partner

COURSE OVERVIEW

The Leadership and Coaching in Education course provides a practical approach to developing leadership and coaching skills for educators and school leaders. Participants will explore effective strategies to lead teams, foster collaboration, and support the professional growth of colleagues. The course focuses on practical tools for communication, feedback, mentoring, and decision-making that enhance school culture and innovation. Through a combination of theoretical input, real-life examples, and collaborative planning, participants will gain the skills to inspire and empower others, drive positive change, and implement effective leadership and coaching practices in their schools. By the end of the course, participants will be prepared to take on leadership roles and create supportive, high-performing educational environments.

TARGET AUDIENCE

This course is designed for teachers, school leaders, coordinators, and education professionals who want to develop leadership and coaching skills to improve teaching practices and school development. It is ideal for educators who aim to take on leadership roles, mentor colleagues, foster collaboration within their teams, and support innovation in schools. The course is also relevant for professionals who want to strengthen communication, feedback, and coaching techniques to empower others and create positive school cultures.

REQUIREMENTS

To take part in the course, participants must meet the following requirements:

- Have at least a B1 level of English (independent user);
- Complete and submit the registration form before the start of the training;
- Bring a laptop or tablet to use during the sessions;
- Commit to active participation and attend at least 80% of the course.

COURSE OBJECTIVES

The objectives of the course are:

- To provide participants with a clear understanding of key principles of educational leadership and coaching.
- To develop practical skills for leading teams, fostering collaboration, and supporting professional growth in schools.
- To equip educators with tools to improve communication, feedback, and mentoring practices.
- To promote leadership approaches that drive innovation, motivation, and positive school culture.
- To support participants in designing strategies to implement effective leadership and coaching in their own educational contexts.

CONTACTS AND REGISTRATION

For registrations, additional information, or budget requests, please contact our team by email at trainingcourses@mobilityfriends.org or visit our website at www.mobilityfriends.org.

LEARNING OUTCOMES

Upon successful completion of this course, learners will be able to:

- 1.Explain key concepts and approaches to educational leadership and coaching.
- 2.Apply effective communication and feedback techniques to support colleagues and teams.
- 3.Use coaching strategies to mentor and empower other educators.
- 4.Design and implement initiatives that promote collaboration and innovation within schools.
- 5.Demonstrate decision-making and problem-solving skills in leadership contexts.
- 6.Foster a positive school culture that supports professional growth and student success.
- 7.Develop a personal action plan to apply leadership and coaching practices in their own roles.

METHODOLOGY

The course is structured around a rigorous methodology that combines theoretical exposition, practical work, and applied demonstrations. This approach ensures a thorough understanding of the subject matter and its direct application in real-world contexts.

Theoretical sessions provide essential foundations, while practical work and demonstrations facilitate the development of technical skills and familiarity with the specific tools and procedures relevant to the course.

Continuous monitoring through individualized feedback allows for tracking learners' progress and ensures the achievement of the set objectives, preparing participants to face professional challenges with competence and precision.

ASSESSMENT

Assessment is carried out continuously throughout the course, using a holistic and learner-centered approach that reflects both participation and performance. Each participant is evaluated based on their overall engagement, regular attendance, punctuality, interest in the topics covered, ability to apply knowledge during practical tasks, and interaction with peers in individual and group activities.

The evaluation process includes a variety of classroom-based tasks (oral and written), short daily assignments, role-plays, and simulations. Trainers provide ongoing, individualized feedback to support progress and encourage active learning.

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent involvement and commitment during the training.

DURATION

The standard duration of our course is 20 hours (5 days), designed to ensure comprehensive and effective learning. However, this duration can be adjusted, in specific cases, to meet the particular needs of each group, in order to optimize outcomes and better suit the training context.

For further details or to discuss a customized schedule, please get in touch with us.

PRICE AND FUNDING

Each quotation is personalized and depends on several factors, such as the number of participants, the number of training hours, the location of the course, and any additional services requested (accommodation, transport, meals, cultural activities, etc.).

To receive a tailored quotation for your group, please get in touch with us.

The training can be funded through programs such as Erasmus+ (KA1 – Learning Mobility), among other European support mechanisms. For more information about funding, participants should contact their sending organization or their country's National Agency directly.

LOCATION AND COURSE LANGUAGE

We have training rooms in several cities in Mainland Portugal, such as Barcelos (headquarters), Braga, Póvoa de Varzim, and Porto. We also have spaces in the islands of Madeira (Funchal) and the Azores (Ponta Delgada). Additionally, we have facilities in Valencia, Spain.

The course is delivered in English.

CERTIFICATION

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent engagement and commitment throughout the training. Upon completion of the course, a formal certification ceremony will take place, during which the certificates will be presented to the participants.

OTHER SERVICES

To enrich the training experience, Mobility Friends offers a range of additional services, subject to availability and additional cost, which can be arranged for individual participants or groups.

Services include:

- Accommodation in partner residences or hotels
- Meals (lunch and/or dinner)
- Transfers between the accommodation and the training room
- Airport transfers
- Cultural visits

All services are subject to availability and must be requested in advance. For more information and personalised quotes, please contact our team.

COURSE CONTENTS

MODULE 1: THE ROLE OF LEADERSHIP IN EDUCATION TODAY

- The importance of leadership for school improvement and teacher development.
- The difference between management, leadership, and coaching.
- Characteristics of effective educational leaders in 21st-century schools.
- European examples of successful school leadership practices.

MODULE 2: LEADERSHIP STYLES AND IMPACT ON SCHOOL CULTURE

- Main leadership styles and their advantages in different situations.
- How leadership shapes motivation, collaboration, and innovation.
- Building credibility and trust as a leader in schools.
- Inspiring examples of leadership that transformed school communities.

MODULE 3: COACHING FOR TEACHER GROWTH AND EMPOWERMENT

- Key principles of coaching and mentoring in education.
- Effective communication, active listening, and goal-setting techniques.
- Using coaching to support professional learning and innovation.
- Real examples of coaching relationships that improved school practices.

MODULE 4: COMMUNICATION AND COLLABORATION IN TEAMS

- Leadership as a facilitator of collaboration and shared responsibility.
- Strategies for leading effective team meetings and learning communities.
- Conflict resolution and negotiation skills for school contexts.
- Creating a culture of feedback and continuous improvement.

**Please note that program content may be subject to change based on input from our trainers.*

COURSE CONTENTS

MODULE 5: MOTIVATING AND ENGAGING TEACHERS

- Understanding intrinsic and extrinsic motivation in education.
- Recognising strengths and talents in colleagues.
- Practical ways to empower teachers to take initiative and lead projects.
- How to celebrate success and build a culture of appreciation.

MODULE 6: STRATEGIC DECISION-MAKING AND CHANGE MANAGEMENT

- Tools and frameworks for effective decision-making in schools.
- Leading change while overcoming resistance.
- Balancing innovation with school priorities and policies.
- Lessons learned from international school leadership initiatives.

MODULE 7: INNOVATION AND FUTURE-ORIENTED LEADERSHIP

- How leaders can drive pedagogical innovation and digital transformation.
- Supporting colleagues in adopting active learning methodologies.
- Developing a shared school vision for long-term growth.
- Examples of innovative leadership projects in European contexts.

MODULE 8: DESIGNING A PERSONAL LEADERSHIP AND COACHING PLAN

- Creating a practical, goal-oriented action plan for leadership growth.
- Setting measurable objectives, timelines, and success indicators.
- Aligning the plan with school needs and staff development priorities.
- Peer review and refinement of leadership plans.

MODULE 9: IMPLEMENTATION AND SUSTAINABILITY

- Applying leadership and coaching skills in everyday school life.
- Measuring impact on teaching quality, staff development, and student outcomes.
- Building national and international networks for continued growth.
- Ensuring long-term change and continuous professional development.

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MOBILITY FRIENDS TRAINING CENTER



Certified by DGERT - Directorate General
for Employment and Labor Relations

www.mobilityfriends.org



TRAININGCOURSES@MOBILITYFRIENDS.ORG



+351 253 144 226 / +351 960 285 416



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