MOBILITY FRIENDS TRAINING CENTER • COURSE PROGRAM

EDUCATION, TRAINING AND PROFESSIONAL DEVELOPMENT

Inclusion, Diversity and Equity in Education

INTERCULTURAL EDUCATION: PROMOTING DIVERSITY AND INCLUSION IN SCHOOLS





Your Mobility Partner

PIC Number: 948037649 | **Organisation ID:** E10207576



COURSE OVERVIEW

The Intercultural Education: Promoting Diversity and Inclusion in Schools course provides a practical approach to supporting teachers and educators in promoting diversity and inclusion within schools and classrooms. Participants will explore strategies to value different cultures, backgrounds and identities while creating safe, equitable and respectful learning environments. The course addresses ways to prevent discrimination and bias, encourage active participation of all students, and integrate diverse perspectives into the curriculum and teaching practices. Combining theoretical foundations with practical activities, case studies and collaborative work, the training enables participants to develop skills and tools to address real challenges of diversity in education. By the end of the course, participants will be prepared to implement inclusive practices that foster empathy, respect and cooperation among students, strengthening coexistence and learning in culturally diverse schools.

TARGET AUDIENCE

This course is designed for teachers, school leaders, trainers and education professionals from different educational levels who want to promote diversity, equity and inclusion in their classrooms and schools. It is ideal for educators working in multicultural environments or those seeking to develop practical strategies to address bias, prevent discrimination, and create respectful and collaborative learning spaces. The course is suitable for professionals who wish to enhance students' intercultural understanding, empathy and active participation in diverse school communities.

REQUIREMENTS

To take part in the course, participants must meet the following requirements:

- Have at least a B1 level of English (independent user);
- Complete and submit the registration form before the start of the training;
- Bring a laptop or tablet to use during the sessions;
- Commit to active participation and attend at least 80% of the course.

COURSE OBJECTIVES

The objectives of the course are:

- To develop a solid understanding of the importance of diversity and inclusion in multicultural educational contexts.
- To enable participants to recognise and value different cultures, identities and backgrounds within schools and classrooms.
- To present practical strategies to prevent discrimination, bias and inequalities in the school environment.
- To promote the use of methodologies and resources that integrate diverse perspectives into the curriculum and teaching practices.
- To encourage educators to create inclusive, participatory and respectful learning environments that foster coexistence and active citizenship.



CONTACTS AND REGISTRATION

For registrations, additional information, or budget requests, please contact our team by email at trainingcourses@mobilityfriends.org or visit our website at www.mobilityfriends.org.

LEARNING OUTCOMES

Upon successful completion of this course, learners will be able to:

- 1. Explain the principles and benefits of diversity, equity and intercultural inclusion in education.
- 2. Recognise cultural differences and identify potential barriers to participation and learning in multicultural classrooms.
- 3. Apply strategies to prevent discrimination and bias while fostering mutual respect and collaboration among students.
- 4. Design lesson plans and activities that integrate diverse cultural perspectives into the curriculum.
- 5. Use inclusive teaching practices that support the active participation and success of all learners
- 6. Collaborate with colleagues, families and communities to promote a culture of respect and inclusion within schools.
- 7. Develop an action plan to implement intercultural and inclusive practices in their teaching contexts.

METHODOLOGY

The course is structured around a rigorous methodology that combines theoretical exposition, practical work, and applied demonstrations. This approach ensures a thorough understanding of the subject matter and its direct application in real-world contexts.

Theoretical sessions provide essential foundations, while practical work and demonstrations facilitate the development of technical skills and familiarity with the specific tools and procedures relevant to the course.

Continuous monitoring through individualized feedback allows for tracking learners' progress and ensures the achievement of the set objectives, preparing participants to face professional challenges with competence and precision.

ASSESSMENT

Assessment is carried out continuously throughout the course, using a holistic and learner-centered approach that reflects both participation and performance. Each participant is evaluated based on their overall engagement, regular attendance, punctuality, interest in the topics covered, ability to apply knowledge during practical tasks, and interaction with peers in individual and group activities.

The evaluation process includes a variety of classroom-based tasks (oral and written), short daily assignments, role-plays, and simulations. Trainers provide ongoing, individualized feedback to support progress and encourage active learning.

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent involvement and commitment during the training.



DURATION

The standard duration of our course is 20 hours (5 days), designed to ensure comprehensive and effective learning. However, this duration can be adjusted, in specific cases, to meet the particular needs of each group, in order to optimize outcomes and better suit the training context.

For further details or to discuss a customized schedule, please get in touch with us.

PRICE AND FUNDING

Each quotation is personalized and depends on several factors, such as the number of participants, the number of training hours, the location of the course, and any additional services requested (accommodation, transport, meals, cultural activities, etc.).

To receive a tailored quotation for your group, please get in touch with us.

The training can be funded through programs such as Erasmus+ (KA1 – Learning Mobility), among other European support mechanisms. For more information about funding, participants should contact their sending organization or their country's National Agency directly.

LOCATION AND COURSE LANGUAGE

We have training rooms in several cities in Mainland Portugal, such as Barcelos (headquarters), Braga, Póvoa de Varzim, and Porto. We also have spaces in the islands of Madeira (Funchal) and the Azores (Ponta Delgada). Additionally, we have facilities in Valencia, Spain.

The course is delivered in English.

CERTIFICATION

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent engagement and commitment throughout the training. Upon completion of the course, a formal certification ceremony will take place, during which the certificates will be presented to the participants.

OTHER SERVICES

To enrich the training experience, Mobility Friends offers a range of additional services, subject to availability and additional cost, which can be arranged for individual participants or groups.

Services include:

- · Accommodation in partner residences or hotels
- Meals (lunch and/or dinner)
- Transfers between the accommodation and the training room
- · Airport transfers
- Cultural visits

All services are subject to availability and must be requested in advance. For more information and personalised quotes, please contact our team.



COURSE CONTENTS

MODULE 1: FOUNDATIONS OF INTERCULTURAL EDUCATION

- Core concepts: diversity, equity, inclusion, and intercultural competence.
- Benefits of promoting diversity and inclusion for students and school communities.
- International frameworks and European priorities for inclusive and intercultural education.
- The teacher's role in fostering a culture of respect and belonging.

MODULE 2: UNDERSTANDING DIVERSITY IN SCHOOLS

- Types of diversity in educational contexts: cultural, linguistic, social, gender and ability differences.
- Recognising bias, stereotypes and discrimination in school practices.
- How cultural background influences learning, behaviour and participation.
- Reflecting on personal attitudes and unconscious biases as educators.

MODULE 3: STRATEGIES FOR INCLUSIVE CLASSROOM PRACTICES

- Differentiated instruction to meet diverse student needs.
- Integrating cultural perspectives into lessons and curricula.
- Cooperative learning and peer support in multicultural settings.
- Practical techniques to create a safe and respectful classroom climate.

MODULE 4: INTERCULTURAL COMMUNICATION AND CONFLICT RESOLUTION

- Building intercultural communication skills for teachers and students.
- Encouraging empathy and dialogue among students from different backgrounds.
- Preventing and managing conflicts arising from cultural misunderstandings.
- Using restorative practices to strengthen relationships and respect.

^{*}Please note that program content may be subject to change based on input from our trainers.



COURSE CONTENTS

MODULE 5: INVOLVING FAMILIES AND COMMUNITIES

- Effective collaboration with families from diverse cultural backgrounds.
- Strategies for engaging parents as partners in students' learning.
- Building bridges between schools and multicultural communities.
- · Case studies of successful school-community initiatives.

MODULE 6: DIGITAL TOOLS AND RESOURCES FOR INTERCULTURAL LEARNING

- Online platforms and tools to promote cultural exchange and collaboration.
- Designing digital projects that connect students globally.
- Accessible resources to support inclusion in hybrid and online learning.
- Digital citizenship and respect for diversity in virtual spaces.

MODULE 7: COMBATTING DISCRIMINATION AND PROMOTING RESPECT

- School-wide approaches to prevent racism, xenophobia and exclusion.
- Teaching students to identify and challenge stereotypes and prejudices.
- Activities to foster respect, empathy and active citizenship.
- Examples of anti-discrimination campaigns in schools.

MODULE 8: DESIGNING AN INTERCULTURAL AND INCLUSIVE PROJECT

- Framework for planning a lesson, activity or school initiative focused on diversity.
- Selecting appropriate strategies, resources and assessment methods.
- Peer review and collaborative improvement of participants' projects.
- Presenting final projects and sharing implementation ideas.

MODULE 9: IMPLEMENTATION AND SUSTAINABILITY

- Steps to integrate intercultural education into everyday teaching.
- Building long-term inclusive practices within schools.
- Overcoming resistance and challenges in diverse environments.
- Action planning and creating networks for continued collaboration.

^{*}Please note that program content may be subject to change based on input from our trainers.

MOBILITY FRIENDS TRAINING CENTER



Certified by DGERT - Directorate General for Employment and Labor Relations

www.mobilityfriends.org



- TRAININGCOURSES@MOBILITYFRIENDS.ORG
- +351 253 144 226 / +351 960 285 416
- /MOBILITYFRIENDS
- @MOBILITYFRIENDSOFFICIAL
- in MOBILITY FRIENDS

