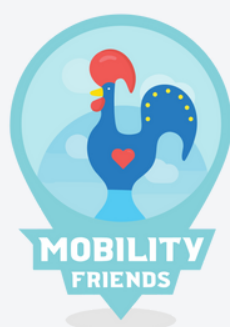


**EDUCATION, TRAINING AND
PROFESSIONAL DEVELOPMENT**

Inclusion, Diversity and Equity in Education

INCLUSIVE EDUCATION: ADDRESSING GENDER ISSUES IN SCHOOLS



Your Mobility Partner

COURSE OVERVIEW

The *Inclusive Education: Addressing Gender Issues in Schools* course provides a practical introduction to strategies for promoting gender equality and inclusion in education. Participants will explore how gender stereotypes and biases affect students' experiences, choices, and academic outcomes. The course focuses on developing practical tools to create gender-sensitive classrooms, integrate diverse perspectives into the curriculum, and ensure equal opportunities for all learners. Through a combination of theoretical input, case studies, and collaborative lesson planning, participants will gain the skills to challenge gender-based discrimination, foster respect and empower students to reach their full potential regardless of gender. By the end of the course, participants will be prepared to implement inclusive practices that address gender issues and promote equity in their schools.

TARGET AUDIENCE

This course is designed for teachers, school leaders, counsellors, and education professionals who want to promote gender equality and inclusion in their classrooms and schools. It is ideal for educators seeking to understand and address gender bias, stereotypes, and barriers that affect students' participation and achievement. The course is suitable for professionals who wish to develop practical strategies to create gender-sensitive curricula, prevent discrimination, and foster equal opportunities for all learners.

REQUIREMENTS

To take part in the course, participants must meet the following requirements:

- Have at least a B1 level of English (independent user);
- Complete and submit the registration form before the start of the training;
- Bring a laptop or tablet to use during the sessions;
- Commit to active participation and attend at least 80% of the course.

COURSE OBJECTIVES

The objectives of the course are:

- To provide participants with a clear understanding of how gender stereotypes and biases affect students' learning and opportunities.
- To present strategies for creating inclusive and gender-sensitive classroom environments.
- To equip educators with practical tools to prevent gender-based discrimination and promote equal participation.
- To encourage the integration of gender perspectives into curricula, teaching materials and school activities.
- To support participants in developing action plans that foster gender equality and inclusion within their schools.

CONTACTS AND REGISTRATION

For registrations, additional information, or budget requests, please contact our team by email at trainingcourses@mobilityfriends.org or visit our website at www.mobilityfriends.org.

LEARNING OUTCOMES

Upon successful completion of this course, learners will be able to:

- 1.Explain the impact of gender stereotypes and biases on students' educational experiences and outcomes.
- 2.Identify and address gender-based barriers to participation and achievement in schools.
- 3.Apply strategies to create inclusive, gender-sensitive classroom environments.
- 4.Integrate gender perspectives into lesson planning, teaching materials, and school activities.
- 5.Use tools to prevent discrimination and foster equal opportunities for all learners.
- 6.Collaborate with colleagues, families, and communities to promote gender equality in education.
- 7.Develop and implement an action plan to address gender issues and promote inclusion in their school context.

METHODOLOGY

The course is structured around a rigorous methodology that combines theoretical exposition, practical work, and applied demonstrations. This approach ensures a thorough understanding of the subject matter and its direct application in real-world contexts.

Theoretical sessions provide essential foundations, while practical work and demonstrations facilitate the development of technical skills and familiarity with the specific tools and procedures relevant to the course.

Continuous monitoring through individualized feedback allows for tracking learners' progress and ensures the achievement of the set objectives, preparing participants to face professional challenges with competence and precision.

ASSESSMENT

Assessment is carried out continuously throughout the course, using a holistic and learner-centered approach that reflects both participation and performance. Each participant is evaluated based on their overall engagement, regular attendance, punctuality, interest in the topics covered, ability to apply knowledge during practical tasks, and interaction with peers in individual and group activities.

The evaluation process includes a variety of classroom-based tasks (oral and written), short daily assignments, role-plays, and simulations. Trainers provide ongoing, individualized feedback to support progress and encourage active learning.

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent involvement and commitment during the training.

DURATION

The standard duration of our course is 20 hours (5 days), designed to ensure comprehensive and effective learning. However, this duration can be adjusted, in specific cases, to meet the particular needs of each group, in order to optimize outcomes and better suit the training context.

For further details or to discuss a customized schedule, please get in touch with us.

PRICE AND FUNDING

Each quotation is personalized and depends on several factors, such as the number of participants, the number of training hours, the location of the course, and any additional services requested (accommodation, transport, meals, cultural activities, etc.).

To receive a tailored quotation for your group, please get in touch with us.

The training can be funded through programs such as Erasmus+ (KA1 – Learning Mobility), among other European support mechanisms. For more information about funding, participants should contact their sending organization or their country's National Agency directly.

LOCATION AND COURSE LANGUAGE

We have training rooms in several cities in Mainland Portugal, such as Barcelos (headquarters), Braga, Póvoa de Varzim, and Porto. We also have spaces in the islands of Madeira (Funchal) and the Azores (Ponta Delgada). Additionally, we have facilities in Valencia, Spain.

The course is delivered in English.

CERTIFICATION

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent engagement and commitment throughout the training. Upon completion of the course, a formal certification ceremony will take place, during which the certificates will be presented to the participants.

OTHER SERVICES

To enrich the training experience, Mobility Friends offers a range of additional services, subject to availability and additional cost, which can be arranged for individual participants or groups.

Services include:

- Accommodation in partner residences or hotels
- Meals (lunch and/or dinner)
- Transfers between the accommodation and the training room
- Airport transfers
- Cultural visits

All services are subject to availability and must be requested in advance. For more information and personalised quotes, please contact our team.

COURSE CONTENTS

MODULE 1: UNDERSTANDING GENDER AND EDUCATION

- Key concepts: gender, equality, equity, and inclusion in education.
- Impact of gender stereotypes and biases on student learning and choices.
- Overview of European and international policies on gender equality in schools.
- Examples of how unconscious bias can appear in classroom interactions and materials.

MODULE 2: IDENTIFYING GENDER INEQUALITIES IN SCHOOLS

- Common forms of gender bias in teaching practices and curricula.
- Analysis of gender gaps in STEM, arts, leadership, and participation.
- Real cases of gender-based disparities in educational settings.
- Strategies to recognise barriers that affect different student groups.

MODULE 3: GENDER-SENSITIVE CURRICULUM AND LESSON DESIGN

- Principles for developing inclusive curricula and teaching materials.
- Approaches to avoid stereotypes in content and assessment.
- Incorporating diverse role models and perspectives in lessons.
- Examples of gender-inclusive adaptations for different subjects.

MODULE 4: CREATING EQUITABLE CLASSROOM ENVIRONMENTS

- Practices to promote equal participation of all students in classroom activities.
- Methods to support students in underrepresented fields.
- Encouraging leadership and confidence among all learners.
- Examples of schools successfully promoting gender balance in education.

MODULE 5: COLLABORATION WITH FAMILIES AND COMMUNITIES

- The role of families in supporting gender equality at school.
- Strategies for addressing cultural differences and stereotypes.
- School-community partnerships that promote inclusion and respect for diversity.
- Examples of initiatives that successfully engaged families in promoting equity.

**Please note that program content may be subject to change based on input from our trainers.*

COURSE CONTENTS

MODULE 6: PREVENTING GENDER-BASED DISCRIMINATION AND VIOLENCE

- Understanding gender-based bullying, harassment, and exclusion in schools.
- Policies and approaches to ensure safe and inclusive environments.
- Good practices from European schools to prevent and respond to discrimination.
- Key elements of whole-school approaches to gender equality.

MODULE 7: DIGITAL RESOURCES TO PROMOTE GENDER EQUALITY

- Digital tools and platforms for raising awareness about gender equality.
- Media and online content that challenge stereotypes.
- Examples of collaborative digital projects connecting students globally.
- Strategies to ensure inclusive and respectful digital environments.

MODULE 8: DEVELOPING A GENDER EQUALITY ACTION PLAN

- Framework for planning initiatives to address gender issues in education.
- Key steps: defining priorities, setting goals, choosing strategies and resources.
- How to involve colleagues, students, and families in the implementation.
- Examples of impactful school-wide gender equality plans from European schools.

MODULE 9: IMPLEMENTATION AND SUSTAINABILITY

- Strategies to embed gender equality into school culture and daily practices.
- Monitoring and evaluating the effectiveness of implemented actions.
- Building partnerships with local and international networks for lasting impact.
- Ensuring long-term change through continuous improvement.

**Please note that program content may be subject to change based on input from our trainers.*

MOBILITY FRIENDS TRAINING CENTER



Certified by DGERT - Directorate General
for Employment and Labor Relations

www.mobilityfriends.org



TRAININGCOURSES@MOBILITYFRIENDS.ORG



+351 253 144 226 / +351 960 285 416



[/MOBILITYFRIENDS](https://www.facebook.com/MOBILITYFRIENDS)



[@MOBILITYFRIENDSOFFICIAL](https://www.instagram.com/MOBILITYFRIENDSOFFICIAL)



[MOBILITY FRIENDS](https://www.linkedin.com/company/MOBILITYFRIENDS)

