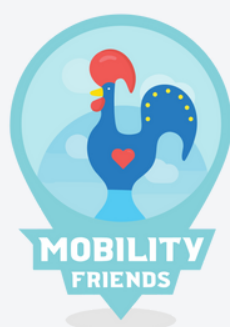


EDUCATION, TRAINING AND
PROFESSIONAL DEVELOPMENT

Active Methodologies and Innovative Strategies

FLIPPED CLASSROOM IN PRACTICE



Your Mobility Partner

COURSE OVERVIEW

The *Flipped Classroom in Practice* course provides a practical and applied introduction to the Flipped Classroom model, an approach that transforms the traditional dynamics of teaching and learning. Throughout the training, participants will explore the core principles of this methodology, learn how to design flipped lessons, and discover how to use digital tools to support students' autonomous study outside the classroom. The course combines theoretical input with hands-on activities, case studies, and collaborative work, enabling participants to redesign teaching strategies that foster active learning, personalised instruction, and the development of essential skills. By the end of the course, participants will be prepared to implement the Flipped Classroom model in their own lessons, making them more dynamic, interactive, and student-centred.

TARGET AUDIENCE

This course is designed for teachers, trainers and educators from different educational levels who wish to implement the Flipped Classroom model to create more interactive, student-centred lessons. It is ideal for professionals who aim to enhance student engagement, promote active learning and make better use of classroom time for collaborative and higher-order thinking activities. No prior experience with the Flipped Classroom approach is required; participants should be willing to engage in practical activities, experiment with digital tools and redesign their teaching strategies to suit this methodology.

REQUIREMENTS

To take part in the course, participants must meet the following requirements:

- Have at least a B1 level of English (independent user);
- Complete and submit the registration form before the start of the training;
- Bring a laptop or tablet to use during the sessions;
- Commit to active participation and attend at least 80% of the course.

COURSE OBJECTIVES

The objectives of the course are:

- To provide participants with a clear understanding of the principles and benefits of the Flipped Classroom model.
- To equip educators with the skills to plan and implement flipped lessons effectively.
- To introduce strategies that foster active learning, student engagement, and higher-order thinking during classroom time.
- To present digital tools and resources that support autonomous student learning and flipped teaching approaches.
- To encourage participants to redesign their teaching practices to create more interactive and student-centred learning environments.

CONTACTS AND REGISTRATION

For registrations, additional information, or budget requests, please contact our team by email at trainingcourses@mobilityfriends.org or visit our website at www.mobilityfriends.org.

LEARNING OUTCOMES

Upon successful completion of this course, learners will be able to:

- 1.Explain the key principles and advantages of the Flipped Classroom approach.
- 2.Plan and structure flipped lessons that combine pre-class autonomous learning with in-class active learning activities.
- 3.Select and use appropriate digital tools to create and share pre-class learning materials.
- 4.Facilitate interactive and collaborative classroom activities that promote critical thinking and problem-solving.
- 5.Apply assessment strategies that monitor and support student learning in a flipped environment.
- 6.Adapt the Flipped Classroom model to different subjects, student needs, and educational contexts.
- 7.Reflect on their teaching practices and develop an action plan to implement the Flipped Classroom approach effectively.

METHODOLOGY

The course is structured around a rigorous methodology that combines theoretical exposition, practical work, and applied demonstrations. This approach ensures a thorough understanding of the subject matter and its direct application in real-world contexts.

Theoretical sessions provide essential foundations, while practical work and demonstrations facilitate the development of technical skills and familiarity with the specific tools and procedures relevant to the course.

Continuous monitoring through individualized feedback allows for tracking learners' progress and ensures the achievement of the set objectives, preparing participants to face professional challenges with competence and precision.

ASSESSMENT

Assessment is carried out continuously throughout the course, using a holistic and learner-centered approach that reflects both participation and performance. Each participant is evaluated based on their overall engagement, regular attendance, punctuality, interest in the topics covered, ability to apply knowledge during practical tasks, and interaction with peers in individual and group activities.

The evaluation process includes a variety of classroom-based tasks (oral and written), short daily assignments, role-plays, and simulations. Trainers provide ongoing, individualized feedback to support progress and encourage active learning.

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent involvement and commitment during the training.

DURATION

The standard duration of our course is 20 hours (5 days), designed to ensure comprehensive and effective learning. However, this duration can be adjusted, in specific cases, to meet the particular needs of each group, in order to optimize outcomes and better suit the training context.

For further details or to discuss a customized schedule, please get in touch with us.

PRICE AND FUNDING

Each quotation is personalized and depends on several factors, such as the number of participants, the number of training hours, the location of the course, and any additional services requested (accommodation, transport, meals, cultural activities, etc.).

To receive a tailored quotation for your group, please get in touch with us.

The training can be funded through programs such as Erasmus+ (KA1 – Learning Mobility), among other European support mechanisms. For more information about funding, participants should contact their sending organization or their country's National Agency directly.

LOCATION AND COURSE LANGUAGE

We have training rooms in several cities in Mainland Portugal, such as Barcelos (headquarters), Braga, Póvoa de Varzim, and Porto. We also have spaces in the islands of Madeira (Funchal) and the Azores (Ponta Delgada). Additionally, we have facilities in Valencia, Spain.

The course is delivered in English.

CERTIFICATION

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent engagement and commitment throughout the training. Upon completion of the course, a formal certification ceremony will take place, during which the certificates will be presented to the participants.

OTHER SERVICES

To enrich the training experience, Mobility Friends offers a range of additional services, subject to availability and additional cost, which can be arranged for individual participants or groups.

Services include:

- Accommodation in partner residences or hotels
- Meals (lunch and/or dinner)
- Transfers between the accommodation and the training room
- Airport transfers
- Cultural visits

All services are subject to availability and must be requested in advance. For more information and personalised quotes, please contact our team.

COURSE CONTENTS

MODULE 1: INTRODUCTION TO THE FLIPPED CLASSROOM

- What is the Flipped Classroom? Principles and benefits.
- Differences between traditional and flipped teaching models.
- Evidence and impact of the Flipped Classroom on student learning.
- The teacher's new role as facilitator and guide.

MODULE 2: PLANNING A FLIPPED LESSON

- Steps to design effective flipped lessons.
- Defining learning objectives and desired outcomes.
- Aligning pre-class and in-class activities with curriculum goals.
- Strategies for sequencing content and tasks.

MODULE 3: DIGITAL TOOLS FOR FLIPPED LEARNING

- Tools for creating and sharing video lessons and multimedia resources (e.g., Edpuzzle, Loom, YouTube, Canva).
- Platforms for organising and delivering content (e.g., Google Classroom, Moodle, Microsoft Teams).
- Interactive tools for student engagement (e.g., Kahoot, Quizizz, Padlet, Mentimeter).
- Ensuring accessibility and inclusion in digital materials.

MODULE 4: IN-CLASS ACTIVE LEARNING STRATEGIES

- Designing collaborative and problem-based classroom activities.
- Techniques to promote critical thinking and peer learning.
- Managing group work and classroom interaction in a flipped environment.
- Adapting activities to different subjects and student profiles.

MODULE 5: ASSESSMENT IN THE FLIPPED CLASSROOM

- Formative and summative assessment strategies.
- Using rubrics and feedback to support student learning.
- Peer- and self-assessment in flipped learning contexts.
- Tracking student progress and evaluating learning outcomes.

COURSE CONTENTS

MODULE 6: IMPLEMENTATION IN DIFFERENT CONTEXTS

- Adapting the model to primary, secondary, vocational, and adult education.
- Overcoming common challenges and resistance to change.
- Combining flipped learning with other active methodologies.
- Examples of successful flipped classroom practices.

MODULE 7: PRACTICAL WORKSHOP: DESIGNING A FLIPPED LESSON

- Collaborative group work to plan a flipped lesson/unit.
- Creation of digital pre-class materials.
- Peer feedback and improvement of lesson plans.
- Presentation and discussion of designed lessons.

MODULE 8: REFLECTION AND NEXT STEPS

- Action plan for implementing the Flipped Classroom in participants' own contexts.
- Sharing experiences and building a professional support network.
- Strategies for continuous improvement and innovation.
- Final reflections and course wrap-up.

MOBILITY FRIENDS TRAINING CENTER



Certified by DGERT - Directorate General
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