

LANGUAGES

BASIC ENGLISH
A1+ A2 LEVEL



Your Mobility Partner

COURSE OVERVIEW

The Basic English (A1 + A2) course provides essential skills to understand and use English in simple, everyday contexts. Learners will gain confidence in speaking, listening, reading, and writing through structured practice and real-life communication scenarios.

This course is fully aligned with the A1 and A2 levels of the Common European Framework of Reference for Languages (CEFR), and aims to equip learners with the ability to interact in routine tasks and navigate common social and practical situations using basic structures and vocabulary.

TARGET AUDIENCE

This course is intended for individuals who are beginning their English language learning. It is suitable for learners of all ages and backgrounds who wish to develop basic communication skills in everyday situations. The course is ideal for those aiming to understand and use simple expressions, interact in a limited way, and build a strong foundation in English.

REQUIREMENTS

To take part in the course, participants must meet the following requirements:

- Complete and submit the registration form before the start of the training;
- Bring a laptop or tablet to use during the sessions;
- Commit to active participation and attend at least 80% of the course.

COURSE OBJECTIVES

The general objective of this course is to enable learners to understand and use familiar everyday expressions and very basic phrases aimed at satisfying concrete needs. Learners will develop foundational skills in listening, speaking, reading, and writing, enabling them to:

- Introduce themselves and others, ask and answer questions about personal details;
- Interact in a simple way provided the other person talks slowly and clearly;
- Understand and use basic vocabulary related to everyday life (family, shopping, work, local geography);
- Read and comprehend simple texts such as signs, menus, and basic instructions;
- Write short, simple notes and messages related to immediate needs.

CONTACTS AND REGISTRATION

For registrations, additional information, or budget requests, please contact our team by email at trainingcourses@mobilityfriends.org or visit our website at www.mobilityfriends.org.

LEARNING OUTCOMES

Upon successful completion of this course, learners will be able to:

1. Understand and use familiar everyday expressions and very basic phrases aimed at satisfying immediate needs.
2. Introduce themselves and others, and exchange personal information (e.g., name, nationality, age, address, job, hobbies).
3. Communicate in simple and routine tasks, involving direct exchange of information on familiar topics (e.g., shopping, directions, daily activities).
4. Understand short, clear, and slow speech related to everyday matters (e.g., announcements, instructions, and conversations).
5. Read and understand simple texts such as personal letters, menus, public signs, short emails, and basic advertisements.
6. Write brief personal texts, including messages, notes, and simple emails using commonly used sentence patterns.
7. Demonstrate knowledge of basic vocabulary and grammar (e.g., present/past tenses, simple question forms, common adjectives, prepositions).
8. Use basic pronunciation and intonation appropriately to make themselves understood in familiar contexts.

METHODOLOGY

The course is structured around a rigorous methodology that combines theoretical exposition, practical work, and applied demonstrations. This approach ensures a thorough understanding of the subject matter and its direct application in real-world contexts.

Theoretical sessions provide essential foundations, while practical work and demonstrations facilitate the development of technical skills and familiarity with the specific tools and procedures relevant to the course.

Continuous monitoring through individualized feedback allows for tracking learners' progress and ensures the achievement of the set objectives, preparing participants to face professional challenges with competence and precision.

ASSESSMENT

Assessment is carried out continuously throughout the course, using a holistic and learner-centered approach that reflects both participation and performance. Each participant is evaluated based on their overall engagement, regular attendance, punctuality, interest in the topics covered, ability to apply knowledge during practical tasks, and interaction with peers in individual and group activities.

The evaluation process includes a variety of classroom-based tasks (oral and written), short daily assignments, role-plays, and simulations. Trainers provide ongoing, individualized feedback to support progress and encourage active learning.

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent involvement and commitment during the training.

DURATION

The standard duration of our course is 20 hours (5 days), designed to ensure comprehensive and effective learning. However, this duration can be adjusted, in specific cases, to meet the particular needs of each group, in order to optimize outcomes and better suit the training context.

For further details or to discuss a customized schedule, please get in touch with us.

PRICE AND FUNDING

Each quotation is personalized and depends on several factors, such as the number of participants, the number of training hours, the location of the course, and any additional services requested (accommodation, transport, meals, cultural activities, etc.).

To receive a tailored quotation for your group, please get in touch with us.

The training can be funded through programs such as Erasmus+ (KA1 – Learning Mobility), among other European support mechanisms. For more information about funding, participants should contact their sending organization or their country's National Agency directly.

LOCATION AND COURSE LANGUAGE

We have training rooms in several cities in Mainland Portugal, such as Barcelos (headquarters), Braga, Póvoa de Varzim, and Porto. We also have spaces in the islands of Madeira (Funchal) and the Azores (Ponta Delgada). Additionally, we have facilities in Valencia, Spain.

The course is delivered in English.

CERTIFICATION

A Certificate of Participation is awarded to participants who attend at least 80% of the sessions and demonstrate consistent engagement and commitment throughout the training. Upon completion of the course, a formal certification ceremony will take place, during which the certificates will be presented to the participants.

OTHER SERVICES

To enrich the training experience, Mobility Friends offers a range of additional services, subject to availability and additional cost, which can be arranged for individual participants or groups.

Services include:

- Accommodation in partner residences or hotels
- Meals (lunch and/or dinner)
- Transfers between the accommodation and the training room
- Airport transfers
- Cultural visits

All services are subject to availability and must be requested in advance. For more information and personalised quotes, please contact our team.

COURSE CONTENTS

MODULE 1: INTRODUCTIONS AND PERSONAL INFORMATION

- Greetings and farewells (formal/informal)
- Introducing yourself and others
- Asking for and giving personal details
- Countries, nationalities, professions
- Verbs: *to be, to have, to live, to work*

MODULE 2: DAILY LIFE AND COMMON ROUTINES

- Describing daily routines and activities
- Time, dates, days of the week
- Talking about habits and frequency
- Present Simple and common adverbs

MODULE 3: DESCRIPTIONS AND RELATIONSHIPS

- Talking about family and friends
- Physical appearance and personality
- Likes and dislikes
- Possessive adjectives and basic connectors

MODULE 4: FOOD, SHOPPING, AND SERVICES

- Food and drink vocabulary
- Shopping in supermarkets and ordering in restaurants
- Prices, quantities, and preferences
- Functional dialogues and polite requests

MODULE 5: AROUND TOWN AND BASIC TRAVEL

- Describing places in a town or city
- Asking for and giving directions
- Means of transport and timetables
- Basic public services vocabulary

MODULE 6: HEALTH AND PRACTICAL SITUATIONS

- Basic health vocabulary and symptoms
- Booking medical appointments
- Common emergencies and pharmacy interactions
- Useful phrases in unforeseen situations

*Please note that program content may be subject to change based on input from our trainers.

MOBILITY FRIENDS TRAINING CENTER



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for Employment and Labor Relations

www.mobilityfriends.org



TRAININGCOURSES@MOBILITYFRIENDS.ORG



+351 253 144 226 / +351 939 452 504



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