



Creativity and Soft Skills

VINHO VOYAGE: IMMERSING IN
THE ART OF PORTUGUESE WINE

Your Mobility Partner

PIC Number: 948037649 Organisation ID: E10207576



Course Overview

The Portuguese Wine Appreciation and Tasting Course is a five-day immersion into the world of Portuguese wine, designed to provide participants with a comprehensive understanding of Portugal's rich viticultural heritage. Participants will explore the diverse wine regions, grape varieties, and winemaking techniques that make Portuguese wines unique. The course includes expert-led tastings, vineyard visits, and the opportunity to develop practical tasting skills.

Course Objectives

- Gain a deep understanding of the history and cultural significance of Portuguese wine.
- Familiarize participants with the grape varieties, terroir, and wine regions that define Portuguese wine production.
- Explore traditional and modern winemaking techniques, emphasizing the uniqueness of Portuguese winemaking.
- Develop practical wine tasting skills, including sensory evaluation and descriptive wine notes.
- Learn the art of food and wine pairing, particularly with Portuguese cuisine.
- Immerse in the cultural aspects of wine in Portugal, including its traditions and celebrations.
- Leave with the knowledge and confidence to appreciate, evaluate, and enjoy Portuguese wines.

Learning Outcomes

Participants will delve into the history and cultural significance of Portuguese wine, exploring grape varieties, terroir, and wine regions. The course covers traditional and modern winemaking techniques, practical wine tasting skills, and the art of food and wine pairing with a focus on Portuguese cuisine. Cultural immersion includes traditions and celebrations, leaving participants with the knowledge and confidence to appreciate and enjoy Portuguese wines.

Price: All expenses can be covered through a Knowledge Acquisition (KA) subsidy within the Erasmus+ initiative. This is a 5-day training course in which Mobility Friends imposes a fee of **450 euros per attendee**, in courses located in the cities of North Portugal (Barcelos, Braga, Porto, Póvoa de Varzim). The price **includes** the training course and **visits to a local vineyard and the Douro Valley (with an opportunity for wine tasting at the vineyard)**.

For **groups of 5 or more people**, please contact us for pricing details.

Duration: 1 Week (5-Day)

Language: English

Schedule: The time of classes, whether in the morning or afternoon is determined by the provider. The schedule may vary considerably based on participants' preferences and the trainer's discretion regarding any modifications.

Certificate: A Certificate of Attendance will be awarded to participants who attend minimum of 80% of the course.

Other Services: Mobility Friends offers various services for you. We handle everything from accommodation to cultural visits and transfers. Contact us to learn how we can assist you with your travel logistics.

PLANNER

DAY 1

- Overview of the history of winemaking in Portugal.
- Introduction to the major wine regions in Portugal, including Douro, Alentejo, and Vinho Verde.
- Wine classification and labeling in Portugal.
- Tasting of a selection of Portuguese wines representing various regions.

DAY 2

- Exploration of Portuguese grape varieties, including Touriga Nacional, Alvarinho, and Baga.
- Discussion on the diversity of wine styles produced in Portugal.
- Guided wine tasting focusing on specific grape varieties and wine styles.

DAY 3

- Understanding the winemaking process in Portugal, from vine to bottle.
- The concept of terroir and its importance in Portuguese wine.
- Visiting a local winery for a behind-the-scenes tour and wine tasting.

DAY 4

- The art of pairing Portuguese wines with local cuisine.
- Practical tips for creating harmonious wine and food combinations.
- Certificate presentation and farewell.
- Feedback and evaluation course.

DAY 5

- Blind wine tasting exercise to put your newfound knowledge to the test.
- Sensory evaluation and descriptive tasting notes.
- Wine Vineyard tour: Visit the Douro Vinhateiro Region with wine tasting experience.

*Please note that program content may be subject to change based on input from our trainers.



Talk with Us

We are waiting for You

www.mobilityfriends.org

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