



## School Innovation

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# THE ART OF COACHING IN EDUCATIONAL EXCELLENCE

## Your Mobility Partner

**PIC Number: 948037649 Organisation ID: E10207576**



# Course Overview

Welcome to "Coaching Excellence in Education," a dynamic and interactive 5-day training program designed to empower educational professionals with the skills and principles of effective coaching. This comprehensive course combines theoretical foundations with practical applications, fostering a culture of continuous improvement, growth, and learning within educational settings.

This course is structured to guide participants through a journey of coaching mastery, starting with foundational skills and progressing to advanced techniques. Each day is carefully curated to ensure a balance between theory, hands-on practice, and collaborative discussions.

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## Course Objectives

- Understand the principles and significance of coaching in education.
- Acquire core coaching skills: active listening, powerful questioning, and goal setting.
- Reflect on personal coaching experiences.
- Explore and practice various coaching techniques, including feedback and feedforward.
- Develop strategies for fostering effective coaching conversations.
- Practice giving and receiving constructive feedback in coaching scenarios.
- Analyze and discuss real coaching scenarios for insights.

# Learning Outcomes

Gain a comprehensive understanding of the principles and significance of coaching in education. Acquire fundamental coaching skills such as active listening, powerful questioning, and goal setting. Reflect on personal coaching experiences to enhance self-awareness. Explore and practice various coaching techniques, including feedback and feedforward. Develop strategies for fostering effective coaching conversations and engage in giving and receiving constructive feedback within coaching scenarios. Analyze and discuss real coaching scenarios for valuable insights.

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**Price:** All expenses can be covered through a Knowledge Acquisition (KA) subsidy within the Erasmus+ initiative. This is a 5-day training course in which Mobility Friends imposes a fee of **350€ per attendee, in courses located in the cities of the Continent and Madeira island. The fee for Azores island is 480€ per attendee. The price includes the training course and a coffee break.**

For **groups of 5 or more people**, please contact us for pricing details.

**Duration:** 5-Day Course

**Language:** English

**Schedule:** The time of classes, whether in the morning or afternoon is determined by the provider. The schedule may vary considerably based on participants' preferences and the trainer's discretion regarding any modifications.

**Certificate:** A Certificate of Attendance will be awarded to participants who attend minimum of 80% of the course.

**Other Services:** Mobility Friends offers various services for you. We handle everything from accommodation to cultural visits and transfers. Contact us to learn how we can assist you with your travel logistics.

# PLANNER

## DAY 1

- Welcome and Icebreaker.
- Introduction to the training program.
- Icebreaker activities.
- Understanding Coaching in Education.
- Definition and principles of coaching.
- The role of coaching in the educational context.
- Core Coaching Skills.
- Introduction to essential coaching skills: active listening, powerful questioning, and goal setting.
- Interactive activities to practice foundational coaching skills.
- Reflective Practice.
- Introduce the concept of reflective practice.
- Individual reflection on personal coaching experiences.

## DAY 2

- Coaching Techniques
- Explore various coaching techniques, including feedback and feedforward.
- Role-playing exercises to apply coaching techniques.
- GROW Model
- Introduction to the GROW coaching model (Goals, Reality, Options, Will).
- Practical application of the GROW model through case studies.
- Coaching Ethics and Confidentiality
- Discuss ethical considerations in coaching.
- Understand the importance of confidentiality in coaching relationships.

## DAY 3

- Effective Coaching Conversations
- Strategies for fostering open and effective coaching conversations.
- Role-playing exercises to enhance conversational skills.
- Giving and Receiving Feedback
- Explore the art of providing constructive feedback.
- Practice giving and receiving feedback in coaching scenarios.
- Case Studies and Analysis
- Analyze real coaching scenarios.
- Group discussions on effective coaching approaches.

\*Please note that program content may be subject to change based on input from our trainers.

# PLANNER

## DAY 4

- **Neuro-Linguistic Programming (NLP) in Coaching**
- Introduction to NLP principles in coaching.
- NLP techniques for effective communication.
- **Emotional Intelligence in Coaching**
- Understand the role of emotional intelligence in coaching.
- Develop emotional intelligence skills for coaching success.
- **Goal Setting and Action Planning**
- Refine goal-setting skills in coaching.
- Collaborative action planning for coaching sessions.

## DAY 5

- **Simulated Coaching Sessions**
- Participants engage in simulated coaching sessions.
- Peer feedback and debriefing.
- **Coaching Challenges and Solutions**
- Discuss common coaching challenges.
- Brainstorm solutions and best practices.
- Certification and Closing.
- Feedback and Course Evaluation

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# Talk with Us

# We are waiting for You

[www.mobilityfriends.org](http://www.mobilityfriends.org)

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 [trainingcourses@mobilityfriends.org](mailto:trainingcourses@mobilityfriends.org)

 +351 253 144 226

 [MobilityFriends](#)

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