



## School Innovation

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EXPLORING OUTDOOR EDUCATION  
WITH ELEMENTS OF CREATIVITY

## Your Mobility Partner

**PIC Number: 948037649 Organisation ID: E10207576**



## Course Overview

This course aims to introduce participants to the world of outdoor education with a strong emphasis on incorporating elements of creativity. The course is designed for educators, youth leaders, and anyone interested in experiential learning, environmental appreciation, and fostering creativity in outdoor settings. Participants will learn how to design and deliver engaging outdoor activities that encourage creativity, critical thinking, problem-solving, and personal growth. Through hands-on experiences, theoretical discussions, and collaborative projects, participants will gain the necessary skills and knowledge to create meaningful outdoor learning experiences.

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## Course Objectives

- Understand the Synergy Between Nature and Creativity.
- Design Innovative Outdoor Activities Infused with Creativity.
- Foster a Deeper Connection with Nature and Environmental Awareness.
- Encourage Creative Expression in Outdoor Settings.
- Utilise Adventure-Based Learning to Enhance Creativity and Problem-Solving.
- Develop Nature Narratives and Storytelling Skills.
- Explore the Role of Music and Performance in Outdoor Education.
- Foster Visual Storytelling Through Nature Photography.

# Learning Outcomes

This course introduces outdoor education with a focus on creativity. Participants, including educators and youth leaders, will learn to design and deliver engaging outdoor activities. They will infuse creativity, critical thinking, and problem-solving into outdoor experiences, fostering personal growth. The course emphasizes environmental appreciation and experiential learning, equipping participants to create meaningful outdoor education encounters.

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**Price:** All expenses can be covered through a Knowledge Acquisition (KA) subsidy within the Erasmus+ initiative. This is a 10-day training course in which Mobility Friends imposes a fee of **700€ per attendee, in courses located in the cities of the Continent and Madeira island. The fee for Azeros island is 960€ per attendee. The price includes the training course and a coffee break.**

For **groups of 5 or more people**, please contact us for pricing details.

**Duration:** 10-Day Course

**Language:** English

**Schedule:** The time of classes, whether in the morning or afternoon is determined by the provider. The schedule may vary considerably based on participants' preferences and the trainer's discretion regarding any modifications.

**Certificate:** A Certificate of Attendance will be awarded to participants who attend minimum of 80% of the course.

**Other Services:** Mobility Friends offers various services for you. We handle everything from accommodation to cultural visits and transfers. Contact us to learn how we can assist you with your travel logistics.

# PLANNER

## DAY 1

- Understanding the benefits of outdoor education and its impact on learners.
- Exploring the relationship between creativity, nature, and experiential learning.
- Identifying potential challenges and strategies for integrating creativity into outdoor activities.

## DAY 2

- Establishing safety protocols and risk assessment procedures.
- Learning how to manage and mitigate potential risks during outdoor activities.
- Ensuring the well-being of participants in different outdoor environments.

## DAY 3

- Appreciating nature and the environment through experiential learning.
- Designing activities to promote environmental awareness and sustainability.
- Developing a sense of stewardship and responsibility toward the natural world.

## DAY 4

- Exploring creative games and team-building activities in outdoor settings.
- Understanding the role of play in fostering creativity and problem-solving.
- Adapting traditional games to have an environmental and creative focus.

## DAY 5

- Leading nature walks and mindful observations in natural surroundings.
- Facilitating guided reflections to encourage creative expression and deeper connections with nature.

\*Please note that program content may be subject to change based on input from our trainers.

# PLANNER

## DAY 6

- Engaging in nature-inspired art activities (e.g., sketching, painting, photography).
- Encouraging participants to express their experiences creatively.
- Using art as a tool for environmental exploration and self-expression.

## DAY 7

- Cultivating storytelling skills to share outdoor experiences.
- Introducing nature journaling as a creative reflection and documentation tool.
- Combining creativity and language arts in the outdoor learning process.

## DAY 8

- Exploring creative outdoor cooking methods and recipes.
- Fostering teamwork and problem-solving through outdoor culinary activities.
- Understanding the cultural and environmental aspects of food choices.

## DAY 9

- Collaboratively planning and executing creative outdoor projects.
- Utilizing design thinking principles for project development.
- Presenting and sharing project outcomes with peers.

## DAY 10

- Showcasing the participant's creativity and learning journey.
- Reflecting on the training course and setting personal goals for future outdoor education endeavors.
- Creating a community of practice to support ongoing learning and collaboration.
- Feedback and evaluation course.

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# Talk with Us

# We are waiting for You

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